

The
ARROW



Oct.26-30



Hiram Johnson High School Update & Resources

Instagram: @hjhsofficial Facebook: @HiramJohnsonHS email us: Hiram-JohnsonHS@scusd.edu

Remind 101: Text to #: 81010 for info text:

9th grade: @hjhs2024

10th grade: @hjhs2023

11th grade: @hjhs2022

12th grade: @hjhs2021

Families: @hjpar

Anti-racist group Quetzal working with Johnson staff

In an effort to improve outcomes for our students, Hiram Johnson High School has begun working with Quetzal, a consulting firm that focuses on anti-racist solutions for an equitable education.

After a few meetings the group has identified an anti-racist committee (ARC). We will be planning a path forward that can

inform our work as a school site as we strategize how to best serve our students.

Hiram Johnson made a commitment to provide resources and training in an effort to respond in the wake of horrible situations that demonstrated the lack of equity available to African-Americans in our country.

We look forward to insights and trainings Quetzal can offer to assist us in our work at Hiram Johnson.

Here is a link to the Quetzal website:

<https://www.quetzalec.com/>

The school is also partnering with Dwight Taylor who provides outreach and connectivity to our black population on Mondays.

World History author visits Johnson class

The AP Modern World History class had a visit from one of their textbook authors on Thursday! Robert W. Strayer, co-author of



Robert W. Strayer

Way of the World: A Global History, ZOOMed with the students for almost an hour.

Strayer answered a variety of content specific questions, as well as general questions about how he became a history professor and his favorite historical time period. He even fielded question about how to start out as a young writer.

Not surprisingly, the students were fantastic ambassadors for Hiram Johnson High School.

Chipotle Fundraiser



5738
Folsom Blvd

November 2;
4-8 pm

Families and Parents,

Help us keep you informed.

Log on to HiramJohnson.net

Under "Parents" you can check/update/add an email so you get direct contact and updates from Hiram Johnson High School.

COUNSELING CORNER

Counselors are assigned by the student's last name or 10th through 12th grade academy.

Last name	Academy	Counselor
A-C	Law -	Raquel Ocampo
D-J	ROTC -	Jessica Gunning
K-N	Med Sci -	Va Ellis
O-R	JCBA -	Malia Chang
S-Z	Design -	Elzora Gray

40 families logged into Cash for College to start the financial aid process! Look for more support opportunities.

FAFSA

Cash for College Night -Oct 27, 6-8PM

Information NEEDED for FAFSA

- Student's Social Security # & driver's license #
- Parents' Social Security # (if available)
- Parents' federal income tax returns for tax year 2019
- Records of untaxed income such as child support, veteran's non-educational benefits, social security benefits
- Student's 2019 federal tax return (W-2 form or pay records)
- Bank account records or statements
- Records of stocks, bonds or investments
- Business records
- A list of colleges you are interested in and housing plans

ASB Information



Electronic PRIDE Tickets

Positive, Respect, Identity, Decide, Empathy

20 PRIDE tickets shared this week!
We are just getting started!

Thank you Darren for DECIDING to be POSITIVE and Workout with us daily in our PE HIIT workouts!!! Keep it up!

Thank you Gimu for being responsible and POSITIVE and DECIDING to communicate with me when your internet went down! Thank you for being pro-active!

Congrats Manuel. Thank you for being a good participant in Spanish class. Appreciate it.

Distance Learning Humor



Classroom Celebrations

Use of Success Criteria in Mrs. Lindahl's class!

What are We Doing Today?

Learning Intentions

We are deepening our understanding of the thinking process of reflection, as well as the skill of following directions.

We are learning and practicing strategies for acquiring unfamiliar vocabulary words as we read.

We are activating prior knowledge about how to read and comprehend informational texts.

Success Criteria: I know I have succeeded when:

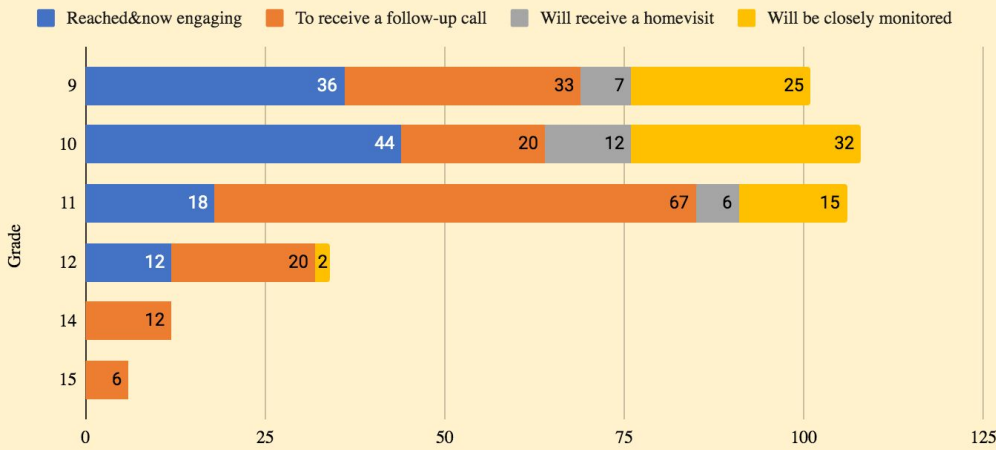
I can tell why examples of reflection are strong; I can use teaching resources to improve my ability to independently follow directions.

I can use word structure and context clues to more accurately predict the meanings of unfamiliar words.

I can write an accurate objective summary of the Launch Text.

Distance Learning Attendance

Student Outreach for Distance Learning Engagement
(9/3/2020 - 10/23/2020 Attendance Data)



Enrollment

Grade Level	Enrollment 10/30/2020
09	555
10	462
11	473
12	333
14	38
15	12
Grand Total	1873

Weekly Tech Updates

Teachers, please see important tech updates and helpful tips for DL [here](#). Topics included in this week's updates are

- TextHelp Tutorials
- GC & IC Sync [Tutorial](#)
- IC Gradebook & GC Integration [best practices](#)
- [Google Fonts](#) for Accessibility
- [Tech Tips for Students](#)

Week of Oct. 26 - 30, 2020

	# of Disenrollment	# of Enrollment
Grade 9	5	4
Grade 10	2	4
Grade 11	0	2
Grade 12	4	2
Total	11	12

PTSA Fundraising at Chipotle

Make dinner a selfless act by joining us for a fundraiser to support Hiram Johnson Warriors PTSA. Come in to the **Chipotle at 5738 Folsom Blvd** in Sacramento on Monday, **November 2nd between 4:00pm and 8:00pm**. Show this flyer in [English](#) or [Spanish](#) on your smartphone or tell the cashier you're supporting the cause to make sure that 33% of the proceeds will be donated to Hiram Johnson Warriors PTSA.

NEW! ORDER ONLINE FOR PICKUP

Use code **A7JLMD8** in 'promo' field before checkout. Orders placed online or through the Chipotle app for pickup using this unique code will be counted. Remember, delivery orders or orders placed at a different time/location than the scheduled fundraiser will not count.

Textbooks & Chromebooks

Students who still need to pick up textbooks can do so on Tuesday and Thursday between 11am and 2pm. Check in at the Front Office first and you will be directed to the Library.

Need Chromebook for DL? You can check one out from the Front Office Monday-Friday between 8am and 3pm.

Office Hours & Contacts

8am to 3pm by phone, email or appointment.
Please call us at 916-395-5070
Email us at Hiram-JohnsonHS@scusd.edu

SEL Theme: GRATITUDE

It can be very difficult for students to find anything to be grateful for right now. One of the ways we can incorporate the SEL theme for the month can be either to share verbally or in the chat for things to be grateful for or a quick write opener for the beginning of class, or even turning the “In a study, students in various grades either wrote and delivered a Gratitude Letter or journaled about their daily activities and feelings. The Gratitude Letter led to more positive feelings afterward; two months later, students who started the experiment relatively low in positive emotion showed significant improvements.

When teaching about gratitude in a school setting, it is important to keep in mind that students differ in terms of culture, race, socioeconomic status, and religious background. This may mean that they also differ in the way they express and practice gratitude, including verbal expressions, gestures, acts of kindness or caring, rituals, or gifts. Welcoming discussion of these and other differences in the classroom will deepen students’ understanding of gratitude.

In addition, the experience of gratitude may be challenging for children facing personal struggles, community suffering, or systemic inequality. Rather than simply encouraging them to “look on the bright side,” researchers Jeffrey Froh and Giacomo Bono suggest listening deeply, empathizing, and acknowledging their feelings. This can help them cultivate resilience, which—along with other qualities like self-compassion and hope—could help plant the seeds for gratefulness.” [Greater Good Science Center](#)

Gratitude is not only the greatest of virtues, but the parent of all others. — Cicero

Climate Office Reminders Please fill out the Pre Course Survey from Quetzal!

Our campus is making an effort to engage in the very important work of Anti-Racist Training. Here is the link to the [Pre-Course Survey](#) for all staff to fill out. We appreciate the valuable conversations, input and interest in engaging in this work together as a team. This link and information will also be added to the Google Classroom for staff!

Outreach

Motivated Mondays!

Beginning on Monday, October 19th, Mr. Taylor will be holding #MotivatedMonday sessions for our **African-American** students at Johnson. These virtual sessions are to support them as they face all the different challenges and changes that are happening in the world and the world around them..

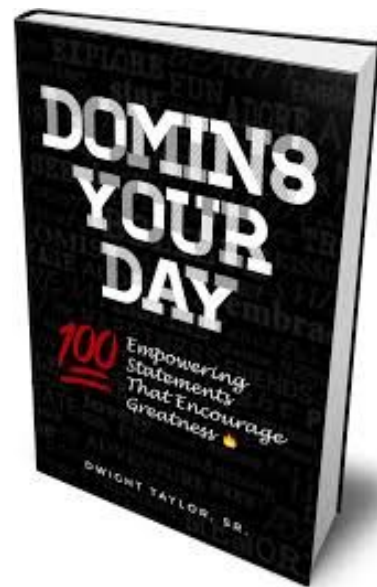
These *45min-60min* sessions are a meaningful and safe space for them to discuss current topics that matter! This safe space will provide them with the opportunity to express their emotions, frustrations, thoughts, questions, concerns, fears, future and more.

Monday, October 19th is the first session and future sessions are 10/26, 11/2, 11/9, 11/16, 11/30 with more to come!

Dwight Taylor Sr. - BUILD BLACK "Unity March" Speech <https://www.youtube.com/watch?v=p0V7KsrcNMQ>

Dwight Taylor Sr. - ABC10 Interview <https://rb.gy/bic5ot>

Dwight Taylor Sr. - TEDx Talk (Snippet) <https://rb.gy/w4vvtv>



Dwight Taylor Sr is an author who has spoken at Ted talks and won a Jr. NBA Coach of the Year contest and has worked with students and families to create a path to success.