

## Summer AP Student Training Day! August 20 8:30 AM - 3:30 PM

This day will provide building blocks for you to be successful in AP courses, help you balance your emotional health with academics, and improve your time management.

This will be a day you WANT to experience.

Space is limited, register NOW

Lunch will be served.

to reserve your spot.

The following topics will be covered at this event!

Time management

Mindfulness

Math review

Test taking strategies

Note taking skills/reading historical texts

Follow the <u>link</u> to register!

